

HEART and LUNG PHYSICAL – REQUIREMENTS

To All Active Members: The Heart and Lung Physical as determined by the court ruling of McCarthy vs. The Firemen's Retirement System of St. Louis, consists of the following requirements:

CHEST PHYSICAL EXAMINATION
CHEST X –RAY REPORT WITH DIAGNOSIS FROM RADIOLOGIST
EKG RESULTS and COPY OF TRACING
BLOOD STUDY: CHEMISTRY, CBC, CMP, SMA 24, PSA (over age 50)
URINALYSIS
BLOOD PRESSURE AT TIME OF PHYSICAL
BASIC PULMONARY FUNCTION STUDY (with bronchodilator if needed)
D.L.C.O. should be done if patient has any abnormalities

Please see that all of the above tests are done by your examining physician to comply with the Heart and Lung bill.

COPIES OF ALL OF THE ABOVE MUST BE SENT TO THIS OFFICE.

You have not met the requirements of the Heart and Lung bill unless all of the above tests are completed.

Sincerely,

Vicky Grass
Executive Director

VG/mw